



FROM THE HORSE'S MOUTH

A Newsletter for members of the Sacramento Area Mustang Club
www.sacramentoareamustang.org

Automotive Shop Safety—Part 5 in a series by James Hill

FIRE SAFETY

Any time you are working around anything flammable, eventually **there will be a fire**. It's not "IF", it's "**WHEN**", Keep a telephone accessible in the shop and make sure that everyone knows when and how to make the call. If you have to use a cell phone, make sure that everyone in the shop knows where it is and how to use it. Have emergency phone names and numbers posted.

Every time you start a project, make a list of what you're going to do and what you will use that is hazardous. If there is anything flammable involved, make a second list of what you are going to plan. If you have a storage of flammable solvents, keep those containers in a separate room so that a fire in one place can't accelerate into another area. If you store paints, keep the paint storage separate from the use area, setting out only the cans you are actually using at that time. Keep an inventory listing of what you have in that storage area and have that list available when a fire crew comes in so they will know.

Now is a good time to consider talking with the friendly folks who might come visiting from downtown. If you've nothing to hide, arrange for a visit for firemen to look around, and make their recommendations. Face it—in this situation, they are the experts and their expert evaluation will probably be free. While they're visit, ask them for suggestions on fire extinguishers; how many and what type. They will know what's best. Better to "spend a dollar" now to have good equipment than to spend many to replace everything you have or you're working on.

If you are a commercial shop, you must have insurance to protect the public and your customers. If it's your own shop, you should have insurance that will totally cover your own cars plus as much of your equipment as you can get covered. For these needs, have a good heart-to-heart with your insurance company, especially the one that carries your antique car insurance as some of them will include your shop in your coverage, probably at a price lower than commercial or homeowners insurance.

In automotive work, there will always be hot surfaces, but they often don't appear hot at first. It doesn't take a really hot surface to ignite something flammable. It's unfortunate that the carburetor is often right above the manifold. Get the idea? Mechanics often "prime" the carburetor with a little gasoline in a can, pouring it down the carburetor. If a little spills, it can cause a flash. A hand holding that fuel can above the carb may drop it and start a lot of excitement. If you're going to do this, use a small amount at a time in the can, just enough to prime the system, and not enough to cause a huge flash if you drop it. (Continued next month—Medical Topics)

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President's Corner By John Davenport

We have been having a very busy season, our car show was very successful and provided funds to very worthy causes. Our community participation has been outstanding, fundraiser at the Zoo and Down's Syndrome Show. The rest of the year will have quite a variety of events and activities, please watch the schedule. One of the big ones, October 10th is the All Mustangs Picnic at Mather Regional Park. It is our year to host the event. Please sign up for the committee. The only way these events will work well is if we all pull together as a group.

Mustang America's Favorite Fun Car— Happy Motoring!

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Board Meetings:

2nd Wednesday each month @
7:00 P.M. @ Denny's
8841 Greenback Lane
Orangevale CA 95662
(916) 987-6119

**Next Board Meeting:
August 11th, 2010**

You are welcome to attend any
of these Meetings if having
dinner please plan to arrive at
the location by 6 p.m.

General Meeting:

3rd Wednesday each month
(except Dec) 7 P.M. @ Interna-
tional House of
Pancakes (IHOP)
2216 Sunrise Blvd
Rancho Cordova CA
(916) 638-8853

**Next General Meeting:
August 18th, 2010**

FROM THE HORSE'S MOUTH

Discount Retailers

As of July 2010

The following retailers offer our club members price discounts on parts and/or services. When you need parts or service for your FORD product be sure to tell them you are a Sac Area Mustang Club member and always inquire about specific discount services be prepared to show your membership card.

American Mustang Parts 11315 Folsom Blvd., Folsom 916 635-7271
amp@american-mustang.com

Downtown Ford 525 N. 16th St, Sacramento 916 442-6931
www.downtownfordsales.com

Folsom Lake Ford 12755 Folsom Blvd, Folsom 800 655-0555
www.folsomlakeford.com

Future Ford 4625 Madison Ave, Sacramento 916 331-7600
www.futurefordofsacramento.com

Future Ford 650 Auto Mall Dr, Roseville 916 677-5280
www.future-ford.com

Harrold Ford 1535 Howe Ave, Sacramento 916 922-1535
www.harroldford.com

JT's Mustang & Performance 5630 Roseville Rd #E, Sacramento 916 972-1334
www.jtsmustang.com

Maaco Collision Repair & Painting, 7215 Watt Ave, N Highlands (916) 334-5556
www.maaco.com

Mustang Parts & Service by J & K, 4946 Date Ave, Sacramento 916 322-1872
www.jkmustang.com

Mustangs Plus 2353 North Wilson Way, Stockton 209 944-9980
www.mustangsplus.com

Red Star Auto Works Inc 4536 Auburn Blvd, Sacramento 916 488-7827
www.redstarautoworks.com

Sacramento Mustang Parts & Service 4631 Auburn Blvd, Sacto 916 484-3434
www.sacramento-mustang.com

For Members Only— SHORT NOTICE OR SALE ITEMS

WANTED

I am in need of 1967-68 coupe tinted door glass. Both sides would be nice but driver's side is most needed. Will pay in \$American. Contact John Davenport 381-4555 or john612d@sbcglobal.net

FOR SALE

2005-2008 Mustang GT Coupe Ford Racing lowering springs (5300-K) and shocks/struts (18000-A). New, still in boxes. \$550. Fred Lofy 916 783-5462.



Club Logo stickers (decals for car windows) Just \$4.00 a pair. Contact Mike Roby at the next meeting or call 772-3285 or email mysassy@surewest.net



Pennants for Sale—\$10 Each to use while you're at shows and for display only. Please see Larry Steuckrath at the meeting to order.

Horse & Fathers Picnic This year's picnic will be Sunday, August 22nd. We will meet at Denny's 6401 Mack Rd (Hwy 99, Mack Rd East Exit) leaving at 9:15am for caravan to the park. Picnic begins at 10am at the San Joaquin Picnic Area in Micke Grove Park in Lodi. This is a joint meet w/ the River City Chapter of the Falcon Club of America, the Sierra Mustang Club and the No Cal Vintage Thunderbird Club of America, also us and the Golden Hills Mustang Club. Park entry fee is \$5 at the gate. Bring one potluck dish to share and one raffle prize with a suggested value of \$10 or more per car. The Sierra Mustang Club is the host club and will provide as many hot dogs, hamburgers and soft drinks as you desire.

Opening Remarks-The 2011 Mustang was not available for tonight's meeting.

John thanked the eight members who volunteered for helping at the Cruise for Downs Syndrome: Mike Roby, Red Taylor, Larry Steuckrath, Al Alcalá, Jane Crowden, Steve Bautista, Dave Slayton to include himself.

Larry updated the Ford Asset Program.

Welcome new members: Floyd Calhoun and one visitor.

Club Credo-Read by John

Treasurers Report—Jacque

\$8000 Balance in the bank, \$3343 profit from the car show.

Car show distribution of funds were presented and a vote was taken to approve the distribution. The vote was unanimous.

\$1300—California Car Museum

\$1000—Ford Asset Program Scholarship Fund

\$200—Sacramento Traditional Jazz Society—Junior Jazz Camp\$843—To be earmarked as seed money for 2011 Mustangs and Fords in the Park.

We are in the process of changing our banking to the Golden I Credit Union.

Fran Richardson is ordering pocket calendars for 2011. The board approved 100. Fran ordered 50 for herself and John D ordered 50 for him.

Craig gave a report on Past and Future events.

Past Events were Night out at the River Cats, Commercial Shoot at Auto Lab, Big Al's 4th of July Cruise, and the fundraiser at the Sacramento Zoo.

Craig gave report on upcoming events: California Auto Museum Cruise July 31st meeting place is Miller Park at the foot (?) of Broadway at 2:30 pm. Ice Cream Social at Leatherby's 7910 Antelope Rd at 2pm August 1st.

Breakfast and Blackberries. This is a do not miss event in Larry and Katye's backyard Saturday August 14th 10:00 am to whenever. 991 Dairy Rd, Auburn CA. Flyer to be emailed.

Horse and Feathers 8/22 Micke Grove Park, Lodi, Cruise to Fosters Big Horn

Rio Vista 8/28.

Sunday Oct 10th we host the all mustangs picnic at Mather Regional Park.

John made an appeal for committee members for this event.

Norm reported that we are at 103 Club members

Asked to have cub car pictures submitted for the website.

John reported that Kevin and Lisa were working the State Fair and not present. John asked members to submit car of the month and advertising to Lisa. Robert Keller said he would submit article for August.

A motion was made and seconded to donate \$100 to the School Program for backpacks through KCRA. The vote was unanimous, Jacque and Larry will make arrangement for this to happen by Friday the 30th.

Kathi did the raffle, 50/50 went to James \$31.

John adjourned the meeting.

In Vic's absence Cindy Davenport took the minutes—Thanks Cindy!

Board members present: John Davenport, Jacque Dosch, Mike Rhea, David Slayton and Mike Roby. Events coordinator, Craig Fairchild was also present.

John opened the meeting and read the Club Credo

Jacque gave the Treasurer's report, \$12,185.60 income. \$7,769.94 Expenses of which \$6588 was income from the car show and \$3244 was car show expenses.

By a vote of the Board and with the approval of the membership the allocation of the car show profit of \$3343.53 is to be allocated as follows: \$843.53 to be held as seed money for the 2011 car show.

\$1300.00 to be donated to the California Car Museum

\$1000.00 to be donated to the Ford Asset Program in the form of two

\$500.00 Scholarships

\$200.00 to be donated to the Jr. Jazz Society Program.

Membership and website report. Norm presented and the Board accepted the applications of Dylan Brown, Joe Peyton, and Bryan Bautista and their associates.

The current membership count is at 101 Members.

The website is being updated and photos from the Sac Zoo are posted on the site.

Event report—Craig Fairchild. Several events were covered including CAM cruise July 31st, Arco Swap meet August 1st, Breakfast and Blackberries August 14th, Horse and Feathers August 22nd.

Craig suggested that we might consider doing All Mustangs Picnic in conjunction with the War Birds and Mustang show at the Nut Tree airport Oct 9th.

Craig and Mike Rhea are going to check out this possibility. Frank Richardson asked the board to consider ordering 2011 pocket calendars. The board approved purchasing 100 calendars at an approx. Cost of \$20.00. Round Table was silent.

Meeting adjourned.

MCA Members Get Ford's "X-Plan"

Submitted by Ron Bramlett

By this time, the cat's already out of the bag so here goes.... Good news if you're a Mustang Club of America member in good standing! You are now eligible for Ford's X-Plan, the best way possible for most of us to buy or order a new Ford car or truck way under sticker price! MCA President Steven McCarley worked the deal out for all MCA members to get X-Plan and I know many MCA members have already taken advantage of it.

Some of you will be asking yourself, "Why is he so excited" What's so exciting about that? What is X-Plan, anyway?" Here's why I'm so excited. After confirming that you are indeed an MCA member and entitled to buy under X-Plan, the dealer will sell you the Ford vehicle of your choice at a predetermined special price set by Ford Motor Company. As I state above, this price is way below window sticker and takes all the negotiating out of buying the vehicle. In fact, you'll save \$1000's by using this plan!

Over the weekend, I was talking to another MCA member and told them about MCA members getting X-Plan. They had just purchased a new Ford and relayed this experience to me. They had gone to their local Ford dealer and found the car they wanted. They negotiated the price and was all set to sign the papers when they realized that they could use X-Plan! So, they told the dealer that they were going to use X-Plan and started the buying process all over again. When the figures came back, they saved over \$5000.00 on their new car! And, as they told me, the part of buying a new car that they hated the most, the negotiating back and forth never happened. As they said, "You never really do not whether you get the best price or not when you're on your own. With X-Plan, you know you do!"

So, if you're an MCA member and are looking to buy a new car, call the MCA office at 1-850-438-0626 and speak to Kristie. She can confirm that you're a MCA member in good standing and get you the proper X-Plan code. If you're not an MCA member but want to join, call Kristie and join today! MCA Membership Dues are just \$50.00 a year and you'll receive 12 issues of The Mustang Times, the MCA's National Magazine and join over 12,000 other die hard Mustang people all over the world!

*Sacramento Area Mustang Club &
Larry & Katye Steuckrath Present:*

Breakfast & Blackberries in the Backyard VI



Date: Saturday, August 14, 2010
Time: 10:00 am
Where: 991 Dairy Road, Auburn, Ca
(Larry & Katye's house)

*You may bring something, but it is not required.
Call Katye to see what she might need @ 530-888-7473.*

Event overview:

- 10:00 am Arrive for coffee & socializing
- 11:00 am Breakfast is served
- 12:00 pm ...more visiting, blackberries and relaxing



Directions from Sacramento:

I 80 east to Hwy 49, north to Luther Road (at Auburn Ford), right (east) straight about 1 mile to 2nd stop sign - the house is on the corner of Luther and Dairy Roads

Please RSVP Larry or Katye @ 530-888-7473 or fordlovers@gmail.com

CLUB EVENTS CALENDAR

- AUG 8/14** Breakfast & Blackberries @ Larry Steuckrath's place in Auburn AM, Good breakfast & Socializing
8/22 Horse and Feathers Annual Picnic, Micke Grove Park in Lodi, Details to follow
8/28 Fun Run to Foster's Big Horn Bar for lunch in Rio Vista, Sight-seeing-needs Leader
8/28-29 Shelby American race/show, Infineon Raceway, Nat. Event Sonoma Open track, car show, events, dinner.
- SEP 9/12** Fun Ford Sunday Car show @ Vallejo Fairgrounds-needs Leader
9/17 "Pinks" race in Sonoma -for details see Craig Fairchild
9/24 - 9/26 Big City Rod Run, City-wide car show, cruise to Sierra City on Hwy49, rent cabins, BBQ Fri night, show Sat, entertainment , Leader Craig Fairchild
- OCT 10/1 - 10/3** National Street Rod Show @ Cal Expo Details TBA
10/2 Pancake Breakfast in Georgetown run, then scenic drive back to Folsom Prison Museum for tour.
 TBA needs Leader
10/10 SAMC host, All Mustang Picnic, Mather Regional Park in Rancho Cordova., All member/club event, details Pending.
10/23 Mustangs Plus Fall Car show, @ Stockton, details TBA-needs Leader
10/29 (Fri) Club Halloween Party @ The Williams' Costume Party, flyer next month.
- NOV 11/13** McClellan AFB Museum, Breakfast at Golden Corral, No Highlands, Possibly with Sierra Club TBA-needs Leader
11/28 Calif Auto Museum Trim-A-Tree & Potluck at Museum Details TBA
- DEC 12/11** SAMC Christmas Dinner, Details TBA
12/15 Possible meeting date, election results

Listen up my people, we have fun to have and places to be. Well, hope your summer is going well, what with the Extra Cool weather I ordered for 'ya. My pool is hardly getting warm enough to swim in, which is bumming me out. So we have had a few weeks off now to rest up for the next fun phase of the year.

The CAM Cruise from the California Auto Museum to downtown went pretty well this last Saturday. Once again the temps were only in the high 80's for John D, David Slayton, Bob Sewell, Vic and Bill who cruised downtown for the show. Several other club members and friends showed up for the 2nd annual show, highlighted by no less than 5 bands playing around the area. The feeling was it was a little disorganized and personally, kind of boring for me. It was spread out over 5 city blocks long and 3 wide, which meant lots of walking. While our guys lined up together at the start, they soon get separated and had to park all over the area and not together. By the time dinner was over, there was only an hour left in the show. Between 200-250 cars showed up and it was a mostly friendly bunch. So get ready, we have a busy schedule coming up Several 'stangers will be heading east for this years edition of HAN (Hot August Nights Aug 5-8) in Reno and we'll expect a good report from them next time. August 14th will find us eating mass quantities in Auburn at Larry's Annual Breakfast & Blackberries. This morning/noon event is a nice social for us, and you can bring your other car to the event. Please sign-up or let Larry know how many are going so he knows how much food to buy -thank you. He's located in Auburn at the corner of Luther and Dairy Rd (See flyer). News flash Larry just got accepted to compete in the "PINKS ALL OUT" show/race Drag Race in Sept, YEAH! More later.

We put on the feed bag again the following week (AUG 22) at Horse and Feather Picnic, for the Falcons and T-bird folks at Micke Grove Park, which John jumped the Stangman on the announcement. Again, we need to know how many are going to this More eating mass quantities... I sent all of you the info on the upcoming Shelby show/race day at Infineon in Sonoma. I started a sign up for this, looks like a few of us will be going. Car show is FREE. Read the info on the website for more details. For those not going to Sonoma, let's go cruise the back roads to Rio Vista, and have lunch on the river at the famous Fosters Big Horn Bar & Grill. This is a semi-famous place that features dozens of stuffed and mounted animals, many from Africa. This oddly unusual Bar is almost a museum. This will be on 8/28 and I'll send out a note on the meeting place soon. Sign up and we need a leader for this. More eating. So rest up for a couple of weeks before we shuffle down to Vallejo Fair grounds for Fun Ford Sundays annual shine Sept 12th. More on this net time. Sept 17th will be the "Pinks" race in Sonoma for those who like the smell of burning rubber and fuel. Capping all this off will be the big overnight cruise/party/show Sept 24-25th in Sierra City. Be use you have Oct 10th set aside, cause you all will want to come to our annual All Mustang Picnic, to be held with 4 other clubs at Mather Regional Park in Rancho. This is always a fun event with the other mustang clubs attending or now, so gear up, gas up and clean./raffle, fun day to just relax and eat of course. I'll be sending out more info on this soon. That's the skinny for now, so gear up, gas up, clean up and let's have some fun.

Submitted by Craig "the Stangman" Fairchild

Up Next month—Feature Car Article on Robert Keller's car—for some reason the pics came but the article wasn't attached. Editor

Warbird Information Exchange—2nd Annual Mustangs "Days at the Nut Tree" forwarded from Larry @ Sierra Mustang for consideration. The Travis Air Museum along with the Nut Tree Airport in Vacaville CA will be hosting it's 2nd Annual Mustang Day at the Nut Tree on Saturday Oct 9th. Last year there were over 100 Mustangs cars from all over Northern California on display and the show was free but donations to the Travis Air Museum were accepted. The P-51s did individual flyovers and then landed at the airport and they all got to have pictures taken of their cars with the airplanes. The Nut Tree Airport is located north of the freeway behind where the old Nut Tree Restaurant was.

In Memoriam-

John Prochaska, a former Sac Area Mustang member and nice guy, was our editor for a few years. Passed away at age 50 on August 4th. His passion in life was rebuilding and restoring classic Mustang cars. His service was held at St. Marks on Tuesday. Our prayers go out to the family.



Gas Tank: Mustang Runs =1457 LAPS, 48.5 MPH

Submitted by

John Davenport

Bristol, Tenn. The 2011 Ford Mustang, which made history when it became the first car ever to deliver more than 30 mpg and 05 horsepower, has set a new record by running 1,457 laps at Bristol Motor Speedway while averaging 48.5 mpg.

The Mustang, 10,000 Lap challenge was designed to demonstrate that a stock production Mustang V-6 could run 1,000 laps and 533 miles on a single tank of fuel. With the aid of fuel efficient driving techniques by Ford engineers, the Mustang far surpassed its goal of 1,000 laps. "To see a Mustang post average fuel economy of 48.5 mpg while running at Bristol is impressive" said Dave Pericak, Mustang Chief engineer. "The New V-6 engine along with the advanced six-speed transmission on the car is a key element in delivering both fuel economy and performance for Mustang."

Ford is committed to being a fuel economy leader in every segment it competes in and Mustang's class leading fuel economy along with other Ford fuel economy leaders like the Ford Fiesta, Fusion Hybrid and new Lincoln MKZ Hybrid America's most fuel efficient luxury sedan.

The Challenge team, which included NASCAR driver David Ragan and four Ford Mustang engineers, completed the challenge in 17 hours and 40 minutes, showing off the 2011 Mustang V-6's class-leading fuel economy by averaging 48.5 mpg during the course of the miles logged during the challenge. That distance is more than the two complete NASCAR Sprint Cup races that take place on BMS every year. Ragan pushed the Mustang past the 1,000-lap mark at 7:26 PM, 12 hrs and 26 minutes into the Challenge, but the car wasn't close to being out of fuel. Mustang engineer Seong Park was behind the wheel when it finally came to a half (on the backstretch) of the famed NASCAR track at 12:41 local time.

Other Mustang Challenge team drivers included Tom Barnes, Jonathan Mehl, Carl Ek who along with Mark each took one-hour driving stints during the event which took place on the world's fastest half-mile track. "When we hit 1,000 laps we still had a quarter of a tank of gas left," said Ragan, driver of the Ford Fusion for Rousch Fenway Racing and the man who drove the 2011 V-6 Mustang passed the 1,000 lap mark. "The last driving stint before I passed 1,000 laps was average 43.7 miles a gallon and that is unbelievable. These guys have run the distance of more than two Sprint Cup races at Bristol and they still have fuel left. Congratulations to everyone behind the Mustang and to every at Ford, because this 2011 Mustang V-6 really have some special."

A team of Ford engineers prepared for the challenge by implementing fuel efficient driving tips including minimizing the use of air conditioning, steady and consistent driving, avoiding sudden stops/start and keeping the RPMs low. The engine in the Mustang powered by a lightweight all aluminum 3.7 liter dual-overhead cam V-6 engine that uses advanced engineering to deliver its combination of power and economy. Twin independent variable camshaft timing adjusts the valve train in microseconds depending on driver inputs, further contributing to the engine's overall efficiency. The Mustang used in the challenge is a stock production vehicle that can be purchased through a Ford dealer. "This is beyond our wildest dreams," said Barnes, the lead engineer for the Rod Mustang 1,000 Lap challenge. "There have been a lot of people who have done a lot of things in preparing this 2011 Mustang V-6 to run the Mustang 1,000 Lap Challenge and have the success we have had today. It was great when we went past the 1,000 lap mark with David, but nobody could ever imagine that we still had five hours ahead of us. This is a fantastic feeling and it shows



SACRAMENTO AREA MUSTANG CLUB

P.O. Box 41081 Sacramento CA 95841O

To:

Club Credo

More important than the Mustangs we enjoy, are the friendships to be developed and nurtured as members of the Mustang community. It doesn't matter if you drive a '64 1/2 Classic, or a modified late-model Mustang. It doesn't matter if your car is concourse quality or marred with rock chips. What does matter is that we all are pulling in the same direction. Idle complaints about fellow members is unacceptable. The motivation for the membership must be for us to succeed as a group.

Deadline to submit Articles/Photos for September will be August 29th.



Promoting the admiration, ownership, enthusiasm, maintenance, preservation, restoration and the safe, courteous operation of the Ford Mustang.